

Food For Thought



Farm To School Grant!

A few short weeks ago the Stevenson-Carson School District found out that we had been awarded a Washington State Department of Agriculture Farm to School Grant. This grant money will give us the purchasing power to source more fresh and local ingredients to serve on our menu. So far we have teamed up with MP Ranches, Gorges Greens, Cascadia Creamery, Treebird Farms, Native Candies, and Nature's Wild Harvest. We have lots more planned so stay tuned!



Fresh Fruit & Vegetable Snacks

The Stevenson Elementary School was awarded a Fresh Fruit & Vegetable Snack Program grant this school year. Starting in October of 2021 the students from Kindergarten to 2nd grade receive a fresh fruit or vegetable snack daily. They have had the opportunity to try some favorites such as apples, cucumbers, and carrots, and also to try some new produce such as dragon fruit, pomegranates, yucca root, and a variety of different micro-greens

Carson Elementary Says Goodbye to Head Cook

Nancy has been a cook for the Stevenson-Carson School District for nearly three decades. She has done pretty much every job that there is to be done in the kitchen and served every student. In fact, any of our high school students who have been in our district since Kindergarten were served by Nancy. If you see Nancy in the next few weeks, make sure you tell her thank you, and wish her luck on her next journey.

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March Into Literacy!

March is National March Into Literacy Month! Each school has their own program going on, and food service wanted to join in on the fun! At Carson Elementary School we will be logging student's reading hours for the month of March. The student who logs the most hours gets to pick the menu for the entire school on April 1st! Not sure what to read? Check out these sites for some ideas:

www.Readerstoeaters.com

www.ReadBrightly.com



Striving Toward a Healthier Planet

In January of this year the Washington Department of Ecology passed some new laws that change the way we serve our food. To embrace this change, we are ditching the plastic and making the switch to real utensils. Beginning in March, the Carson Elementary School will be the first school to utilize re-usable utensils. By the 2022-2023 school year we hope to have all schools onboard. We are constantly looking for other ways to lessen our impact on the environment. Over the past year we have begun the transition from plastic disposables to compostable plant based materials for items such as portion cups, parfait cups, and to go containers. We are proud to be taking the steps necessary to leave this planet healthier for the next generation of learners!

Food Resources:

Carson Church of Nazarene
Gleaners Market
Fridays 1pm-4pm

Stevenson Food Bank
Open Tuesday & Thursday
9:00 - 3:30 pm
(closed 12-1:00 for lunch)
509-427-4334

Columbia Gorge Helping
Hands
Corbett, Oregon
Monday & Thursday
1-2PM for ages 55+ and
vulnerable shoppers.
4-6pm for all ages residing
within Corbett, immediately
neighboring rural
communities, and outlying
rural communities (Odell,
North Bonneville, Home
Valley, etc).